



# 24th ANNUAL SUMMER INSTITUTE ON ADDICTIONS

**JUL 30 – AUG 1, 2018**

Plan on joining us at the exciting **NEW** location and at a new date this year. We sought a larger venue, with more space and better access for exhibitors and attendees alike.

## CONFERENCE SITE:

McAninch Arts Center  
College of DuPage

**425 Fawell Blvd, Glen Ellyn, IL 60137**

Six (6.0) CEUs per day will be awarded from Illinois Certification Board (IAODAPCA) for CADCs. Six (6.0) CEUs per day will be awarded from IDPFR for social workers, professional counselors, psychologists, and nurses.

## 2018 CONFERENCE FEES

PLEASE REGISTER EARLY,  
SEATING IS LIMITED IN SOME WORKSHOPS

CONFERENCE – July 30, 31 & August 1, 2018	1 Day	2 Days	3 Days
Early Individual Registration Postmarked by 7/15/18	\$125	\$230	\$295
Regular Individual Registration Postmarked 7/16/18 or later	\$135	\$255	\$360
Multiple Attendee Discount (per person)*	\$105	\$210	\$280
Senior Rate (62 years of age and older)	\$80	\$155	\$225
Student Rate*	\$ 80	\$155	\$225
Exhibitor (includes registration for one staff per day)	\$500	\$600	\$700

- \* To receive the Multiple Attendee Discount, three or more people from the same agency must register to attend the conference. Complete an individual registration for each attendee and include the names of at least two other attendees being registered from the same agency.
- \* To receive the Student Rate the registrant must be currently enrolled in an undergraduate or graduate school. Photocopy of student ID must be sent with registration and payment.

### PAYMENT INFORMATION

Payment may be made by check, money order, or credit card. **DO NOT SEND CASH.** Make check payable to Haymarket Center. Online registration/additional information is available at **www.hcenter.org** or call Ken Cheverko at 312.226.7984 ext. 456, Fax: 312.226.8048, Mail: Attn: Ken Cheverko Haymarket Center, 932 W Washington Blvd., Chicago, IL 60607. *Cancellations received after 7/15/18 will receive a refund for fifty (50) percent of the amount paid. No refunds will be given after 7/30/18.*

### CONTINUING EDUCATION CREDITS (CEUs)

Six (6.0) CEUs per day will be awarded from Illinois Certification Board (IAODAPCA) for CADCs. Six (6.0) CEUs per day will be awarded from IDPFR for social workers, professional counselors, psychologists and nurses. Certificates are issued at the end of each conference day.

### HOTELS (NEAR CAMPUS)

The following hotels are near the conference site. Reservations are to be made on your own.

1. Crown Plaza---1250 Roosevelt Rd. Glen Ellyn, IL 60137---630-629-6000
2. Double Tree Suites---2111 Butterfield Rd. Downers Grove, IL 60515---630-971-2000
3. Budgetel Inn & Suites---7691, 675 Roosevelt R, Glen Ellyn, IL 60137---630-469-9201

## RAIL

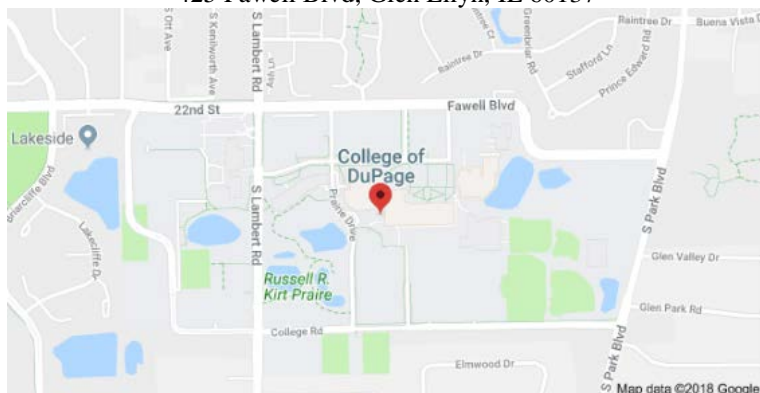
Transportation from Downtown is available on Metra-Union Pacific West from Ogilvie Transportation Center to Glen Ellyn.

<https://metrarail.com/maps-schedules/train-lines/UP-W>

## DIRECTIONS

### McAninch Arts Center at College of DuPage

425 Fawell Blvd, Glen Ellyn, IL 60137



#### **From the East:**

- Follow I-290 W and I-88 W to IL-56 W/Butterfield Rd in Downers Grove. Take exit 131B from I-88 W
- Merge onto I-290 W
- Keep left at the fork to continue on I-88 W, follow signs for I-88 Tollway W/Aurora/I-294 Tollway S/Indiana
- Take exit 131B for I-355 N toward NW Suburbs
- Use left lane to continue on Exit 22 and follow signs for IL-56/Butterfield Rd
- Continue on IL-56 W/Butterfield Rd to your destination in Glen Ellyn

#### **From the West:**

- Get on I-88 E in South Dixon Township from S Galena Ave
- Head west on E 6th St toward S Galena Ave
- Turn left onto S Galena Ave
- Continue straight onto IL-26 S/S Galena Ave
- Turn left onto the I-88 ramp to Chicago/Moline
- Keep left at the fork, follow signs for I-88 E and merge onto I-88 E
- Follow I-88 E to Freedom Dr in Lisle Township. Take the Naperville Rd exit from I-88 E
- Take Naperville Rd, IL-56 E/Butterfield Rd and S Lambert Rd to your destination in Glen Ellyn

#### **From the North:**

- Take I-290 E and I-355 S to IL-38 W/W Roosevelt Rd in Milton Township. Take exit 24 from I-355 S
- Continue on IL-38 W/W Roosevelt Rd to your destination in Glen Ellyn

### **From the South:**

- Take I-355 N to IL-53 N in Lisle Township. Take the IL-53 N exit from I-88 W
- Merge onto I-80 E
- Take exit 140 for Interstate 355 N
- Continue onto I-355 N
- Keep left at the fork to stay on I-355 N
- Use the right 2 lanes to take exit 20A toward Aurora
- Merge onto I-88 W
- Use the right lane to take the IL-53 N exit
- Keep right at the fork and merge onto IL-53 N
- Continue on IL-53 N to your destination in Glen Ellyn

## **KEYNOTE SPEAKERS**

Dr. Mark S. Gold is a teacher of the year, translational researcher, author, mentor and inventor best known for his work on the brain systems underlying the effects of opiate drugs, cocaine and food. He has worked as an Advisor to many White House Drug Czars, White House's , NIDA and NIMH Directors over his 40+ year career. He is an author and inventor who has published over 1000 peer reviewed scientific articles, texts, and practice guidelines. Gold has studied Impaired Health Professionals and employees in health and safety occupations. This pioneering work started with detoxification studies using clonidine and lofexidine as a non-opiate detox followed by oral Naltrexone at Yale in the late 70s and continued at the University of Florida



Gold has been awarded a number of national awards for his research including the Foundations Fund Prize (APA) , DEA 30 Years of Service Pin, the McGovern Award for Lifetime Achievement (ASAM-ABAM 2015), National Leadership Award (NAATP) , DARE Lifetime Achievement Award, Silver Anvil, PRIDE and DARE awards.

Gold was a Professor, Eminent Scholar, Distinguished Professor, Distinguished Alumni Professor , Chairman, Emeritus Eminent Scholar during his 25 years at the University of Florida . His work is widely cited by his peers. It includes citation classics in cocaine neurobiology, opioid addiction neurobiology and treatment, food and process addictions.

Since his retirement as a Director of the McKnight Brain Institute, Chairman , Distinguished Professor, and a full-time academic in 2014, Gold has continued his teaching, mentoring, research, and writing . He is an Adjunct Professor in the Department of Psychiatry at Washington University and an active member of the Clinical Council at the Washington University School of Medicine's Public Health Institute. He is the Chairman of the Scientific Advisory Boards for RiverMend Health .



Professor Lukasz Konopka is an internationally known clinical and applied neuroscientist and clinical psychologist. He attended University of Illinois at Chicago, BS in biology, University of Chicago MA, in biological and social psychology, Loyola University Medical Center PhD. in pharmacology. Postdoctoral training in neurobiology at University of Vermont.

Worked as a Director of Clinical Neuroscience Section at Hines VA Hospital and was a faculty member and mentor at the Loyola Medical School. He was a full professor of Psychology at the Chicago School of Professional Psychology.

He is a member and mentor for the renowned, international organization Collegium Internationale Neuro-Psychopharmacologicum (CINP), an organization promoting research in psychiatric disorders. Dr. Konopka is also the recipient of numerous private and federal grants. He has acted as a reviewer for grants from the National Science Foundation and the VA. He serves as scientific reviewer for number of international scientific journals. Currently he is a member of the board of the directors in International Board for Quantitative Electrophysiology and was an examiner for EEG board certification. He is board certified by BCIA in neuro-biofeedback.

Lastly, Dr. Konopka has publications in journals and scientific book chapters spanning the fields of cellular neurophysiology/anatomy, neuroeconomics, and neuropharmacology, to psychology, psychiatry and neurology, where he focused on the utilization of objective tools in diagnosis and treatment of patients using “brain to behavior” model in the field of Personalized Medicine.



Dr. Jonathan Singer is associate professor of social work at Loyola University Chicago and founder. For the past 22 years, Dr. Singer has been a community mental health clinician, educator and researcher, much of that time providing crisis services to suicidal youth and their families. His clinical and research interests focus on interventions for suicidal and cyberbullied youth; service access and service utilization; and use of technology in education and clinical practice. He has given hundreds of

presentations to the U.S. Military, community mental health agencies, school districts, and national professional organizations on topics ranging from youth suicide and cyberbullying to ethics, mental health, technology, social media, and adolescent development. He is certified in Eye Movement Desensitization and Reprocessing (EMDR) and Attachment-based Family Therapy (ABFT) for depressed and suicidal youth, and received training from Insoo Kim Berg on Solution-Focused Therapy.

## KEYNOTE SPEAKERS – CONT.

He is the author of over 60 publications, including the 2015 Routledge text, *Suicide in Schools: A Practitioner's Guide to Multi-level Prevention, Assessment, Intervention, and Postvention*. His research has been featured in national and international media outlets like NPR, Fox, Time Magazine, and The Guardian. He is a founding member of #SPSM, an online suicide prevention social media community. He is an elected board member of the American Association of Suicidology, and the international organization Human Services Information Technology Association. He is the co-lead for the Social Work Grand Challenge initiative "Harness Technology for Social Good." He is the Chair of the Children, Adolescent, and Young Adult Committee for the National Association of Social Workers, and the Chair of the Council on Publications for the Council on Social Work Education. He is the founder and host of the award winning Social Work Podcast ([www.socialworkpodcast.com](http://www.socialworkpodcast.com)). He lives in Evanston, IL with his wife and three children and can be found on Twitter as @socworkpodcast.



Mark Sanders, LCSW, CADC is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, Caribbean and British Islands. He is the author of 5 books and has had two stories published in the New York Times Bestselling book series, *Chicken Soup for the soul*. Mark is board president of Serenity of Chicago - The only recovery high school in Illinois. He is a board of trustee at his Alma

Mater, MacMurray College and past board president of the Illinois Chapter of NAADAC.



Dr. Jon E. Grant is a Professor of Psychiatry & Behavioral Neuroscience at the University of Chicago where he directs a clinic and research lab on addictive, compulsive and impulsive disorders. Dr. Grant did the initial research on many of the behavioral addictions such as stealing, sex, fire-setting and gambling. He is the author of over 300 peer-reviewed scientific articles and the Editor in Chief of the *Journal of Gambling Studies*.



Dr. Mark Zerwic also is Adjunct Clinical Professor in the Department of Psychiatry at the University of Iowa Carver College of Medicine. He lives with his wife, Dr. Julie Zerwic, the Dean of the College of Nursing at the University of Iowa, and their three children in Iowa City.

Previously he served for 17 years as the Chief of Psychology of a large medical center in Chicago that provided the full spectrum of inpatient, outpatient and rehabilitation services to 62,000 people.

In addition to being a Chief of Psychology and Deputy Director of Mental Health, Dr. Zerwic has been an Acting Chief of Addictions, program founder of an Addictions Intake Clinic, program manager of a Dual Diagnosis Program, established a Vocational Rehabilitation Program, began a Psychosocial Recovery Program for individuals with Serious Mental Illness, and started a Suicide Prevention Program.

**In an effort to keep conference expenses and fees to a minimum Haymarket Center will not provide hard-copies of handouts. Handouts will be made available to the participants via restricted access on Haymarket Center's website.**

## **HAYMARKET CENTER'S MISSION & HISTORY**

The mission of Haymarket Center is to aid people with substance use disorders in their recovery by providing comprehensive behavioral health solutions.



Founded in 1975 by the late Monsignor Ignatius McDermott and Dr. James West, McDermott Center dba Haymarket Center is the largest not-for-profit community-based adult detoxification, residential, and outpatient substance abuse treatment facility in Chicago. Haymarket Center has continued to grow into a comprehensive alcohol and other drug treatment organization, licensed by the state of Illinois, which receives funding from the private sector, as well as city, county, state and federal agencies. The treatment programs are accredited by the Commission on Accreditation for Rehabilitative Facilities (CARF).

Msgr. McDermott's and Dr. West's understanding of addiction as a disease provided the motivation for their call for treatment in lieu of criminalization. This fundamental perspective continues to guide Haymarket Center in pioneering innovative, high quality, community-based, social setting behavioral health programs that are gender responsive, culturally appropriate and population specific. Although Haymarket serves primarily homeless, indigent and ex-offenders from the south and west side communities of Chicago, it extends its services to the entirety of Illinois. Since its inception Haymarket Center has remained wholeheartedly devoted to identifying and designing new and progressive methods for furthering our founding mission: "to aid people with chemical dependency in their recovery by providing a continuum of optimal professional care that is responsive to the identified needs of the community."

With more than 30 specialized programs supporting our mission, more than half are CARF accredited programs that utilize evidence based practices which harness significant research that prove their effectiveness and insure greater success for our clients. Along with this commitment, we have continually been faithful to our guiding principle of providing comprehensive substance abuse treatment and referrals to Chicago's vastly ignored and underserved populations regardless of their ability to afford services. Our loyalty to these two fundamental principles has led Haymarket to develop programs in clinical treatment and supportive services to men, women and children, serving over 18,000 clients per year.

## CONFERENCE SCHEDULE

**Monday, July 30, 2018 – MAC Center**

**7:00 a.m. - 8:00 a.m.    Registration/Continental Breakfast**

**8:00 a.m. – 9:00 a.m.    Opening Ceremony / Introductions**

**9:00 a.m. - 10:10 a.m.    Keynote Speaker: Mark S. Gold, M.D.  
Topic: What Have we Learned: Four Decades of Addiction,  
Neurobiology and Treatment Research**

Learn about the evolution of drug, tobacco, and alcohol addiction research over the past forty years, where we are today with understanding how drugs affect the body and brain, how addictions—once thought untreatable—are successfully treated, and what the future may look like in this changing field.

**10:10 a.m. – 10:30 a.m.    Morning Break**



## AM Sessions 10:30 a.m. - Noon

### 1 *Treatment Research & Evidenced Based Strategies* **Mark S. Gold, M.D.**

With more than 40 years of addiction research, working with teachers and clinicians, we will discuss the evidenced based treatment strategies that have been developed and are continuing to be developed.

### 2 *New Dangers of Synthetic Drug Use* **Lukasz Konopka, P.h.D.**

This presentation will address new emerging phenomena where molecules are chemically modified or combined to produce new psychotropic compounds that significantly alter brain function. Synthetic drugs' unique properties may cause them to interact with endogenous receptor systems that may lead to life-changing outcomes. Today, psychoactive compounds may be purchased over the Internet; these substances may be disguised and sold as non-drug entities creating significant medical and social issues. Opinion, rather than objective data, drives the political and social discourse and hinders the definition of clear goals for management of this continuing ever growing problem. Deficits in appropriate education continues to be a critically understated issue.

### 3 *Cultural Humility: Are We There Yet?* **Jim Belanger, CADC**

Over the past few years cultural competency has slowly been replaced with the term cultural humility. This workshop will provide hands on experiences that clarify the differences between the two. Participants will walk away from this workshop with an understanding of the pathway to cultural humility, knowledge on how to conduct self and agency assessments, tools to identify personal biases, an ability to describe the 5 R's of cultural humility, and an understanding of how Cultural Humility is a key component of Trauma Informed Care.

**4*****Connecting Diet and Nutrition to Mental Health and the Correlation to Relapse*****Thomas C. Kaltenecker, M.S., LPC, CADC, NCC, QMHP**

This workshop will give an introduction to fundamentals of nutrition and dietary decisions on our brain function, as well as help understand the addictive components in certain food groups and finally how this information pertains to people in recovery. The workshop will give evidence based information which can be used in the clinical setting to create awareness and potentially improve client's choices in their sobriety.

**5*****The Case for Brief Interventions to Address Adolescent Drug Abuse*****Ken Winters, Ph.D.**

Brief interventions and the related model, Screening, Brief Intervention and Referral to Treatment (SBIRT), make developmental sense given that many drug-abusing youth are not "career" drug abusers and thus not very amenable to disease-oriented treatment approaches, and developmentally, young people are likely to be receptive to self-guided, motivational-interviewing-based behavior change strategies, which are cornerstones of a brief intervention. This presentation will provide an overview of the rationale and the clinical applications of SBIRT. Specific implementation skills will be discussed.

**6*****Therapeutic Entanglements: The Web of Countertransference***  
**Serena Wadhwa PSY. D., LCPC, CADC, RYT**

As counselors, we are not always in the "neutral zone". Clients do stir reactions in us, especially when there are common experiences. In this presentation, we explore the clinical utilization of the phenomenon of countertransference. While analytic in origin, we focus on integrating countertransference into treatment and exploring the utilization of countertransference as a therapeutic tool. We will discuss and explore ethical implications of countertransference. Using case studies, discussions and exercises to increase participants' self-awareness, participants will identify how to recognize countertransference. Participants will also identify how countertransference can deepen the therapeutic relationship and help clients (and themselves) become more comfortable with vulnerability.

**7**

***Preventing Opioid Overdose: Our Role as Treatment Providers***  
**Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM,**  
**FACPM & Maya Doe-Simkins**

Opioid overdose is now the leading cause of death among Americans under the age of 50. Research has found that people who have survived one overdose are likely to experience another, yet too few people who use drugs have access to the life-saving medication naloxone. In this workshop, we will discuss opioid overdose prevention tips, how to recognize the signs of an overdose, and how to reverse an overdose with the medication naloxone. We will also review how treatment programs can develop and implement policies to ensure that staff and clients have access to this life saving medication.

**8**

***The Ever-Changing Landscape of Ethics in Behavioral Health***  
**Beverly Brock, CADC**

From the Oath of Hippocrates, HIPAA, 42 CFR, the ADA to the Affordable Care Act, we'll discuss the ever changing landscape of ethics in healthcare and the evolving theory and application.

Some of the principals we'll discuss include:

Non-discrimination	Client Welfare
Responsibility	Competence
Legal & Moral Standards	Public Statements
Publication Credit	Confidentiality
Client Relationships	Inter-Professional Relationships
Remuneration	Societal Obligations

**Noon - 1:00 p.m.**

**Lunch (Provided)**

**1:00 p.m. - 2:25 p.m. Keynote Speaker: Lukasz Konopka, Ph.D.**

**Topic: *Neurobiology of the Phenomena of Craving***

Craving has been evaluated from many different perspectives using biology, neurophysiology, imaging, and purely behavioral psychology. In this presentation, I will focus on converging data that identifies the neurobiological substrates and brain circuitry of craving and addiction. In addition, we will discuss methods related to assessing brain function and how these assessments relate to our conceptualization of clinical and behavioral craving and addiction. Then, we will address the current views regarding how we can modify craving, its associated processes, and lead patients to change their behaviors. Lastly, we will explore potential therapeutic interventions from the perspective of the person-centered "Brain to Behavior" model.

**2:25 p.m. - 2:45 p.m.**

**Afternoon Break**

**PM Sessions 2:45 p.m. - 4:15 p.m.**

**1** *Marijuana: What Side of the Fence are You On?*  
**Lukasz Konopka, Ph.D.**

In this session, we will review scientific data related to the human cannabinoids system. We will discuss two main receptor categories and their present role in modulating human physiology. We will see how the data can help us make clear decisions about the medical and psychological utility of marijuana products. We will discuss the role of scientific evidence and how it relates to setting policy and future laws.

**2** *Reducing Stigma & Improving Access to Substance Use Disorder Treatment.*  
**Jim Scarpace, MS, LCPC**

This training is meant to educate professionals on ways to describe and discuss the disease of addiction in a way that empowers and engages clients and families in the treatment process; reducing barriers associated with stigma currently preventing clients from accessing the treatment they so desperately need. This change in approach will offer clients access to treatment which will help them achieve and sustain recovery by providing them education, skills and opportunities to understand their disease. This in turn will allow clients to separate who they are from what they struggle with thus improving their chances of success in treatment and recovery.

**3** *Hepatitis C and the Opioid Syndemic*  
**Dante Williams**

This presentation will discuss both hepatitis C and opioids through a syndemic model highlighting the intersection of drug use and infectious disease. Attendees can expect to learn the basics of hepatitis C including, transmission, symptoms and prevalence. In addition, participants will learn the definition of syndemic and the relationship between opioids and hepatitis C.

**4*****Using medications for Opioid Addiction Recover: What Does the Evidence Say?*****Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM, FACPM**

Treatment of substance use disorders and specifically opioid use disorder continues to evolve as we understand more about the neurobiology of addiction. The use of medication for addiction treatment (MAT) is often misunderstood, and sometimes referred to as simply “drug substitution.” However, medical evidence suggests that when individuals use medication for opioid addiction treatment, people are more likely to stay in treatment and less likely to die, as compared to individuals who do not take medication as part of their treatment. During this session, Dr. Salisbury-Afshar will explain how these medications work, the evidence base for using medications for opioid addiction treatment, and describe the role they can play in some peoples' recovery.

**5*****Cultural Humility: Are We There Yet?*****Jim Belanger, CADC**

Over the past few years cultural competency has slowly been replaced with the term cultural humility. This workshop will provide hands on experiences that clarify the differences between the two. Participants will walk away from this workshop with an understanding of the pathway to cultural humility, knowledge on how to conduct self and agency assessments, tools to identify personal biases, an ability to describe the 5 R's of cultural humility, and an understanding of how Cultural Humility is a key component of Trauma Informed Care.

**6*****50 Shades of Developing Grey Matter (focus on the prevention and treatment implications of adolescent brain development science) Ken Winters, Ph.D.***

Adolescence is a period of significant brain development. Research now suggests that the human brain is still maturing during the adolescent years, with changes continuing into the mid-20s. This emerging science provides a useful framework for understanding adolescent behavior, why adolescents may be particularly prone to taking risks and to the effects of drugs, and informs effective prevention and treatment. In addition to providing a non-technical description of the teen brain maturation, the presentation will discuss how this emerging science can promote the health and well-being of adolescents.

**7*****Insights to a Dual Diagnosis Curriculum: Effectively Work with Dual Diagnosed Clients*****Thomas C. Kaltenecker, M.S., LPC, CADC, NCC, QMHP**

In this workshop we will highlight one way to effectively work with Dual Diagnosed clients in an intensive outpatient group program. Dual Diagnosed clients are typically assessed to work on mental health and substance use challenges at the same time and often on medication. Focus in this workshop is the application of a curriculum providing suitable skill building for both diagnoses and the necessary collaboration between Mental health, Substance abuse and Medication assisted treatment.

**8*****Ethics: Healthy Counselor*****Beverly Brock, CADC**

As a professional counselor, we subscribes to rigorous standards for education, training and clinical practice. Mental health counselors are committed to increasing knowledge of human behavior and understanding of themselves and others. Counselors are highly skilled professionals who provide a full range of counseling services in a variety of settings. Counselors pledge to abide by the principles identified in the Code of Ethics; this workshop will discuss how to be an ethically healthy counselor.

**Tuesday, July 31, 2018 – MAC Center****7:45 a.m. - 8:30 a.m. Registration/Continental Breakfast****8:30 a.m. - 8:45 a.m. Introduction****8:45 a.m. - 10:10 a.m. Keynote Speaker: Jonathan Singer, Ph.D.****Topic: *The Power of Six: Suicide Prevention from Cells to Clouds***

In 1977, Charles and Ray Eames made a now-classic educational film for IBM called Powers of 10. The film showed how your perspective on the world changes as you move in or out by a magnitude of 10. Today's keynote looks at suicide from six levels - the molecular, individual, family, community, cultural, and technological (aka "cloud"). We'll explore how our understanding of the causes and solutions to suicide changes based on the vantage point.

**10:10 a.m. - 10:30 a.m.****Morning Break**

## AM Sessions 10:30 a.m. - Noon

### 1 *Substance Use in Older Adults: Recognizing & Addressing the Problem*

**Stanley G. McCracken, P.h.D., LCSW, RDDP**

Substance use problems in older adults frequently go unrecognized by health care and social service professionals. Even when problems are recognized, few older adults with AODA problems seek help in specialized addiction treatment settings. The implications of this are that health, mental health, social service, and senior services practitioners, as well as substance abuse professionals need to be able to recognize, screen, and assess substance use problems; conducting motivational interventions; and implement brief treatment approaches. Participants in this workshop will be presented with a fundamental knowledge base and skill set for addressing substance use issues in older adults. This session will employ a variety of training approaches including didactic, video demonstration, and discussion.

Learning objectives. Participants in this workshop will:

- Know the basic epidemiology of substance abuse in older adults and how this pattern of use is expected to change as the baby boom generation continues to age.
- Know why a risk/harm model is more appropriate for older adults than a diagnosis model.
- Know recommended drinking guidelines for older adults and how these guidelines differ from younger adults.
- Be able to introduce the topic of substance use an older adult and how to connect this discussion to other health and functioning concerns.
- Be able to conduct an alcohol use screening using NIAAA recommended screening instruments.

### 2 *Honor Betrayed: trauma & Sexual Abuse in America's Military* **Mic Hunter, PSY.D.**

Dr. Hunter further identifies and shares “reasons” for men’s backlash against women, why they sexually harass women, and why rapists rape women or men. Dr. Hunter also shares that there is an exaggerated and unreasonable fear of homosexuals in the military, and that most men who are heterosexuals are responsible for the greatest amount of sexual harassment. This workshop will discuss past, present and the future state of this on-going epidemic.

### **3** *The Ever Changing Landscape of Ethics in Behavioral Health* **Beverly Brock, CADC**

From the Oath of Hippocrates, HIPAA, 42 CFR, the ADA to the Affordable Care Act, we'll discuss the ever changing landscape of ethics in healthcare and the evolving theory and application.

Some of the principals we'll discuss include:

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Client Relationships	Inter-Professional Relationships
Remuneration	Societal Obligations

### **4** *Trauma & Relationships: Connecting with the Disconnected* **Ryan Breen, Counselor, MA, LCPC, MSA, CCTP**

The prevalence of trauma in the substance abuse treatment population cannot be understated. Traditional forms of treatment historically produce low success rates that are accepted as normal. As trauma informed treatment is recognized as a necessary component to treating addictive behavior, many traditional concepts are being challenged. This discussion will incorporate what is known about the long term effects of childhood trauma and focus on the relational components of healing that may be more impactful than any specific intervention or evidenced based curriculum.

### **5** *Self-Care: How to Achieve the Balance Required* **Pamela K. Williams, MS, LCPC**

Counselors who neglect their own mental, physical and spiritual self-care eventually burn-out while focusing entirely on their clients and little to no time for self-care. This workshop will discuss concepts in self-care that will lead a well balanced approach to client therapy and your own mental health.

### **6** *Implementing Cultural Competence in Trauma Informed care with Substance Using Emerging Adults* **Fred Dyer, Ph.D., CADC**

With the inception of the adverse childhood experience {ACE} study, Feliti and Anda{1998} discovered an association between early childhood mental health and substance use problems/disorders in emerging adults. SAMHSA {2014} cites cultural, historical, and gender issues as one of its six guiding principles necessary for implementing a trauma in-formed approach. Health care delivery cannot be all inclusive without embracing cultural competence.



## ***Attachment-Based Family Therapy for Depressed and Suicidal Youth***

**Jonathan B. Singer, P.h.D.**

Attachment-based family therapy (ABFT) is the only empirically-supported family therapy that reduces suicide ideation in youth. This interactive workshop provides an overview of the empirical and theoretical foundation of ABFT, the five treatment tasks, emotion-focused techniques that are central to the model, and video of real therapy sessions.

**Noon - 1:00 p.m.**

**Lunch (Provided)**

**1:00 p.m. - 2:25 p.m. Keynote Speaker: Mark Sanders, LCSW, CADC**

**Topic: *When The Titanic meets the Iceberg: Address Trauma Beneath Mental Illness, Addiction, Criminality and Self-Harming Behavior***

In this session you will learn strategies in the clinical relationship to address five types of trauma that are at the core of heroin addiction, criminality and self-harming behavior including: acute stress disorder, post-traumatic stress disorder, complex trauma, 24-7-365 trauma, and historical trauma. Emphasis will also be placed on the use of humor and centering rituals to prevent secondary PTSD.

Upon completion of this session, attendees will be able to:

- Be aware of the diagnostic criteria for five types of traumatic stress disorders.
- Be aware of the use of five evidence-based practices to address varieties of traumatic stress disorders at the core of heroin addiction, criminality and self-harming behavior.
- Be aware of research on the effective use of humor to reduce the risk of secondary PTSD.

**2:25 p.m. - 2:45 p.m. Afternoon Break**

## PM Sessions 2:45 p.m. – 4:15 p.m.

1

### *Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders*

**Mark Sanders, LCSW, CADC**

Clients who have multiple addictions and disorders are more difficult to engage and treat than clients with a single disorder. Many of the current systems are ill-equipped to address the myriad challenges of these clients—their relapse and recidivism rates are higher, and many of these clients tend to slip through the cracks, often going back and forth among addictions treatment, psychiatric and medical hospitalizations, and incarceration. Too many difficult-to-reach clients are at risk for relapse because their practitioners lack effective, innovative strategies for this unique client base who remain part of a revolving-door syndrome. Now, Certified Alcohol and Drug Addictions Counselor Mark Sanders, LCSW, offers specific strategies to assist therapists and counselors who work with difficult and at-risk populations, including those with:

- multiple addictions
- co-occurring disorders
- adolescents; rural methamphetamine users
- antisocial personality disorder, criminality, and addiction
- trauma or grief and chemical dependency
- history of chronic relapse and recidivism

2

### *Trauma Informed Care*

**Pamela Williams**

Trauma is an emotional response to a terrible event and while normal, some people have difficulty moving on with their lives. As trauma informed care treatment is recognized as a necessary component to treating addictive behavior, many traditional concepts are being challenged. This discussion will incorporate what is known about the long term effects of trauma and focus on the relational components of healing that may be more impactful incorporating key principles from SAMHSA.

- Participants will understand how brain imaging relates to behavioral presentations and how the different modalities' independent data converge and assist in the development of targeted treatments.

**3** *Ethics: Healthy Counselor*  
**Beverly Brock, CADC**

As a professional counselor, we subscribe to rigorous standards for education, training and clinical practice. Mental health counselors are committed to increasing knowledge of human behavior and understanding of themselves and others. Counselors are highly skilled professionals who provide a full range of counseling services in a variety of settings. Counselors pledge to abide by the principles identified in the Code of Ethics; this workshop will discuss how to be an ethically healthy counselor.

**4** *Relationships & Recovery: Is it Always a Bad Idea?*  
**Ryan Breen**

There are a lot of suggestions on the dos and don'ts of early recovery, get a sponsor, work the 12 steps, attend 90 in 90, no relationships in the first year... Addiction recovery is an ongoing journey, sustaining sobriety and remaining abstinent requires a great deal of effort.

During this workshop, we'll explore the dos and don'ts of relationships and what the evidence suggests.

**5** *Walking the Fine Line of Integrating Spirituality and Clinical Treatment to Maximize Recovery*  
**Jinnie Cristerna, Rh.D, LCSW, CHt.**

Spirituality and religion have always played some role in treatment with patients. Patients either use spirituality/religion as a metaphor, reject it altogether or accept it as a literal truth guiding how they live their lives. Either way, spirituality/religion is present even when it's absent. Integrating spirituality into clinical work is a slippery slope. If treatment leans too heavily toward spirituality you risk entering the realm of quackery or magical thinking, on the other hand, leaning too heavily towards clinical treatment risks being purely mental and limits the healing of emotional wounds.

This training will discuss how to walk the fine line of integrating spirituality and clinical treatment to maximize healing, awareness, and personal responsibility for each patient. Attendees will also discuss how the benefits of integrated mental health results are sustainable in helping the patient taking back their power and being more present in the creation of their life.

**6** *Going Beyond: How Does That Make You Feel? Effectively Identifying Emotions in Your Clients.*

**Mic Hunter, PSY. D.**

In this workshop we will discuss the emotions as part of the experiential system, which can be thought of as the core consciousness system. Core consciousness refers to your theater of experience which coordinates your emotions and drives behavior. Together, we explore:

1. Emotions are a central part of core consciousness.
2. Emotions provide information about one's core goals and needs.
3. There are two broad systems of emotions, negative and positive.
4. How to effectively identify emotions in your clients.

**7** *50 Strategies for working with Defiant, Oppositional, and Resistant substance using Adolescents*

**Fred Dyer, Ph.D.,CADC**

Studies show that engaging adolescents with substance use disorders enter treatment and counseling sessions can be challenging difficult to work with. The developmental period of adolescence, ace"s, family alcohol and drug problems, poverty, peer risk factors, are but a few of the contributory precipitants to the oppositional, defiant and resistive presentation of adolescents entering treatment. This skill building workshop will provide participants with strategies for addressing defiance, and strategies to improve retention and compliance.

**Wednesday, August 1, 2018 – MAC Center**

**7:45 a.m. - 8:30a.m. Registration/Continental Breakfast**

**8:30 a.m. - 8:45 a.m. Introduction**

**8:45 a.m. - 10:10 a.m. Keynote Speaker: Jon Grant, JD., MD, PHD  
Topic: *Behavioral Addictions: Diagnosis and Treatment***

Behavioral addictions are defined as behaviors characterized by the failure to resist an impulse, drive, or temptation to perform an act that is harmful to the person or to others. These disorders share many similarities with substance addictions, but may have unique treatment considerations. This category of disorders includes many separate behaviors, but some of the most common are gambling disorder, Internet addiction, compulsive buying,

and compulsive sexual behavior. Although research remains limited on the neurobiology and treatment of these disorders, some limited evidence to date can help guide initial treatment recommendations. This talk provides a general review on available research related to these disorders, including neurobiological, epidemiological, and treatment considerations.

**10:10 a.m. - 10:30 a.m.**

**Morning Break**

## **AM Sessions 10:30 a.m. - Noon**

**1**

### ***Treating Comorbidities in Addiction***

**Jon Grant, JD., MD, PHD**

Behavioral and substance addictions represent significant public health concerns and are associated with high rates of psychiatric comorbidity. In addition, addictions with comorbidities can prove particularly challenging in day-to-day practice, and clinicians can feel unsure of how to treat them. Recent advances in our understanding of addictions have provided substantial insight into the common clinical presentation, neurocognition, and possible shared pathophysiology of addictions and comorbidities. This talk will discuss how understanding comorbidities may provide for common psychological and pharmacological approaches to individuals with addictions and will suggest ongoing challenges for the future.

**2**

### ***Jail Diversion: Alternative Sentencing & Diversion***

**Benny Lee, MA, CADC, MISA1**

Because addiction provokes desperate means to satisfy drug cravings, some addicts addiction result in criminal justice system involvement. This workshop will cover the various Sentences for a criminal conviction and its many forms, Participants will learn about “Alternative sentences, suspended sentence, probation, fines, restitution, community service and deferred adjudication/pretrial diversion. Understanding these terms will enable the clinician to do effective treatment planning and meet the courts objectives for these legal conditions.

**3*****Opioid Overdose Education & Naloxone Distribution*****Rick Love, MHS, CAADC, PCGC**

Drug overdose deaths have surpassed motor vehicle crashes to be the leading cause of death by injury in the United States. Since the mid-1990s have been driven by the growth in prescriptions for opioid analgesics and their non-medical use, opioid related emergency department visits are souring. We will discuss the strategies being implemented to deal with opioid overdose and the education programs that seek to reduce opioid misuse and/or diversion.

**4*****Tired, Wired, and Mired: Professional Burnout and Compassion Fatigue*****Bob Carty, LCSW, CADC, CCJP**

Due to various factors, professionals in the addictions treatment field can become overwhelmed, leading to decreased effectiveness in serving our clients. In this workshop, we compare and contrast two common processes – professional burnout and compassion fatigue. Symptoms of each process are identified, and methods to enhance professional resilience are described.

**5*****Attitudes toward spirituality and the core principals of Alcoholics Anonymous*****D. Shane Koch, Rhd CRC CAADC**

One-hundred and fifty-one students enrolled in substance abuse counselor training classes were surveyed on their attitudes about spirituality in substance abuse treatment and their beliefs about the principles of Alcoholics Anonymous (AA). Significant correlations were found between the subjects' spirituality and their attitudes toward spirituality in treatment. Most of the students did agree that spirituality should be included in treatment, but they tended not to subscribe to core principles of Alcoholics Anonymous.

**6*****PTSD & Suicide Prevention: Is it Helping?*****Mark Zerwic, Ph.D.**

Although PTSD first appeared as an official diagnosis with the publication of the DSM-III in 1980, it has been in existence since time immemorial. Dr. Mark J. Zerwic, a licensed clinical psychologist, describes the key components of the diagnosis, including the definition of Trauma; the Post, or after-the-fact, nature of the disorder; and the Stress Disorder symptoms. Dual diagnosis issues with addiction are discussed. There is a higher rate of suicide among individuals with PTSD, and Dr. Zerwic discusses concepts to assist with assessing and intervening in suicide risk. Treatment modalities, including Evidence Based Care and Episodes of Treatment, are highlighted.

**7*****The Intersection of HIV and Trauma Informed Care in the LGBTQ Community*****Jeffrey Zacharias, LCSW, CAADC, BRI-I .**

This workshop will focus on the interplay between addiction and trauma most common in the LGBT community. Furthermore, we will look at bullying - both overt and covert - which leads to deeper levels of trauma. Finally we will examine various types of trauma specific to the population, how addiction can become a response to dealing with the various traumas found in the population and what evidence based treatments are available to concurrently treat both issues.

**Noon - 1: 00 p.m.****Lunch (Provided)****1:00 p.m. - 2:25 p.m. Keynote Speaker: Mark Zerwic, Ph.D.****Topic: Positive Psychology**

What lasts in the field of psychology, what evolves with new research and Evidence Based Practice, what are the emerging trends, and what areas have been discarded as ineffective? Drawing from Evidence-based research, clinical experience, leadership development and coaching, and psychological assessments of college and professional athletes, Dr. Mark J. Zerwic, a licensed clinical psychologist, demonstrates how Positive Psychology is the enduring legacy in our field. Attendees may also wish to stay for the afternoon breakout, which extends the discussion on the Psychology of Resilience.

**2:25 p.m. - 2:45 p.m. Afternoon Break****PM Sessions 2:45p.m. – 4:15p.m.****1*****Positive Psychology: Resilience Skills*****Mark Zerwic, Ph.D.**

Helen Keller stated, “Although the world is full of suffering, it is also full of overcoming.” How do we transition from victim, to survivor, to overcomer, to thriver? Dr. Mark J. Zerwic, a licensed clinical psychologist, describes resilience skills. As a continuation of the keynote, this presentation includes didactic learning, experiential learning and applied learning of resilience concepts.

**2*****Urban Adolescent & Trauma: Breaking the Cycle of Addictive Relationships*****Benny Lee, BA, CADC, MISA1**

The Centers for Disease Control and Prevention estimates that nearly 30 percent of U.S. inner city youths are affected by post-traumatic stress disorder (PTSD), which makes it difficult for them to learn. Those who exhibit the disorder often live in virtual war zones, the CDC report says. Doctors at Harvard recently coined the name “hood disease,” a term for a more complex form of PTSD, the news site reports. And since the youths rarely escape their communities—unlike soldiers who eventually leave a war zone—they are repeatedly exposed to trauma. This work shop will explore the impact trauma have on inner city youth. Participants will learn clinical approaches such as “creating a safe place, grounding exercises, and self-regulation and self-rescue techniques to treat the adolescent that experience trauma resulting in substance abuse, and relapse.

**3*****Responding to Ethical Challenges During the Clinical Supervision Process*****D. Shane Koch, Rhd CRC CAADC**

Ethical decision-making is an evolving science with increased attention being paid to organizational variables, introduction of measures of moral intensity, reconsideration of traditional principle based decision making models and introduction of complex, critical thinking models as an alternative to static ethical formulas. This presentation will compare and contrast ethical systems and explore how professionals may use appropriate critical thinking to identify and resolve ethical challenges and dilemmas.

**4*****Mindfulness-Based Interventions for Dual-Diagnosis Clients*****Paul Farina, LCPC**

This workshop will discuss the prevalence of co-occurring disorders among the substance abuse population and note existing approaches to working with this population. Participants will briefly review a working definition and the essential characteristics of mindfulness. The group will explore why mindfulness is helpful and briefly touch on the results of preliminary research to determine the effectiveness of this approach. Existing mindfulness models for treating certain mental health disorders and substance use disorders will be examined. Specific mindfulness-based interventions and activities will be discussed and practiced in session.



**5*****Passing the baton: Preparing the Next Generation to Step-Up***  
**Bob Carty**

With the aging of our professional workforce, there is a growing need to prepare a new generation of leaders to meet tomorrow's challenges. In this presentation, we examine special qualities and skills that will be needed. Also, we discuss various methods to promote leadership development for organizations and for the entire field, such as formalized training and ongoing mentorship.

**6*****The Pros & Cons of Medicated Assisted Therapy***  
**Rick Love, MHS, CAADC, PCGC**

Over the past decade, the treatment of substance use disorders has entered into a new phase in which medications can play a vital role in helping someone recover. This workshop will discuss how new advancements in pharmacotherapy can help support and augment traditional evidence-based treatment practices for drug and alcohol dependence. The presenter will discuss the current myths, opinions and biases and the environment of addiction treatment. In addition, the presenter will provide a detailed outline and comparison of the FDA-approved pharmacotherapies used in medication-assisted treatment. The goal of this workshop is to bring together addiction and other helping professionals from many backgrounds to learn about medication-assisted treatment and recovery in a way that challenges ideas and perceptions and to present unbiased information that can be used to assess the best possible treatment options for clients.

**7*****Foundations of Clinical Supervisions***  
**Marvin Harris, MA, LCPC**

This workshop explores the important topics of supervision models and modalities, administrative issues, and professional concerns, emphasizing the central themes from a variety of mental health professions. It provides participants an opportunity to deepen their understanding of key issues, as well as engaging in discussions and skill building components

**Disclaimer:** The keynote presentations and workshops do not necessarily reflect the policies or practices of Haymarket Center.

Please bring a jacket or sweater in case it is cooler in the MAC Center than you might like.

In an effort to keep conference expenses and fees to a minimum Haymarket Center will not provide hard-copies of handouts. Handouts will be made available to the participants via restricted access on Haymarket Center's website.

### **Continuing Education Opportunities**

Haymarket Center offers ongoing opportunities for Continuing Education at our Fall and Spring Workshop Series. Also offered for Continuing Education is the IAODAPCA Accredited AODA Counselor Training Program. For more information on the Fall and Spring Workshop Series, contact Ken Cheverko at 312.226.7984 ext. 456. For more information on the AODA Counselor Training Program, contact Ken Cheverko at 312.226.7984 ext. 456. Information is available on the website as well. Go to **[www.hcenter.org](http://www.hcenter.org)** and click on the tab "Education & Professionals".

**For accuracy and efficiency purposes, we strongly encourage you to register on-line.**

<http://www.hcenter.org/education-professionals/summer-institute-2018>



**WORKSHOPS AT A GLANCE – MONDAY 7/30/18**

<b><u>Breakout - Workshops</u></b>		
10:30 - 12:00	AM-1 Mark S Gold, M.D.	<i>Treatment Research and the Evidenced Based Strategies</i>
10:30 - 12:00	AM-2 Lukasz Konopka, Ph.D.	<i>New Dangers of Synthetic Drug Use</i>
10:30 - 12:00	AM-3 Jim Belanger, CADC	<i>Cultural Humility: Are We There Yet? - Part 1</i>
10:30 - 12:00	AM-4 Thomas C. Kaltenecker, M.S., LPC, CADC, NCC, QMHP	<i>Connecting Diet and Nutrition to Mental Health and the Correlation to Relapse</i>
10:30 - 12:00	AM-5 Ken Winters, Ph.D.	<i>The Case for Brief Interventions to Address Adolescent Drug Abuse</i>
10:30 - 12:00	AM-6 Serena Wadhwa Psy.D., LCPC, CADC, RYT	<i>Therapeutic Entanglements: The Web of Countertransference</i>
10:30 - 12:00	AM-7 Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM, FACP & Maya Doe-Simkins	<i>Preventing Opioid Overdose: Our Role as Treatment Providers</i>
10:30 - 12:00	AM-8 Beverly Brock, CADC	<i>The Ever-changing Landscape of Ethics in Behavioral Health</i>
1:00 - 2:25	<b>PM Keynote</b> Lukasz Konopka, Ph.D.	<i>Neurobiology of the Phenomena of Craving</i>
<b><u>Breakout - Workshops</u></b>		
2:45 - 4:15	PM-1 Lukasz Konopka, Ph.D.	<i>Marijuana: What Side of the Fence Are You On?</i>
2:45 - 4:15	PM-2 Jim Scarpace, MS, LCPC	<i>Reducing Stigma &amp; Improving Access to Substance Use Disorder Treatment.</i>
2:45 - 4:15	PM-3 Dante Williams	<i>Hepatitis C and the Opioid Syndrome</i>
2:45 - 4:15	PM-4 Elizabeth Salisbury-Afshar, MD, MPH, FAAFP, FASAM, FACP	<i>Using Medications For Opioid Addiction Recovery: What does the Evidence Say?</i>
2:45 - 4:15	PM-5 Jim Belanger, CADC	<i>Cultural Humility: Are We There Yet? - Part 2</i>
2:45 - 4:15	PM-6 Ken Winters, Ph.D.	<i>50 Shades of Developing Grey Matter (focus on the prevention and treatment implications of adolescent brain development science)</i>
2:45 - 4:15	PM-7 Thomas C. Kaltenecker, M.S., LPC, CADC, NCC, QMHP	<i>Insights to a Dual Diagnosis Curriculum: Effectively Work with Dual Diagnosed Clients</i>
2:45 - 4:15	PM-8 Beverly Brock, CADC	<i>Ethics: Healthy Counselor</i>

**WORKSHOPS AT A GLANCE – TUESDAY 7/31/18**

**Breakout - Workshops**

10:30 - 12:00	AM-1	Stanley G. McCracken, Ph.D., LCSW, RDDP	<i>Substance use in older adults: Recognizing and addressing the problem</i>
10:30 - 12:00	AM-2	Mic Hunter, Psy.D.	<i>Honor Betrayed: Trauma of Sexual Abuse in America's Military</i>
10:30 - 12:00	AM-3	Beverly Brock, CADC	<i>The Ever-changing Landscape of Ethics in Behavioral Health</i>
10:30 - 12:00	AM-4	Ryan Breen, Counselor, MA, LPC, MISA, CCTP	<i>Trauma &amp; Relationships: Connecting with the Disconnected</i>
10:30 - 12:00	AM-5	Pamela Williams, MS, LPC	<i>Self Care</i>
10:30 - 12:00	AM-6	Fred Dyer, Ph.D., CADC	<i>Implementing Cultural Competence in Trauma Informed care with Substance Using Emerging Adults</i>
10:30 - 12:00	AM-7	Dr. Jonathan B. Singer, Ph.D.	<i>Attachment-Based Family Therapy for Depressed and Suicidal Youth</i>

**PM Keynote**

1:00 - 2:25		Mark Sanders, LCSW, CADC	<i>When The Titanic meets the Iceberg: Address Trauma Beneath Mental Illness, Addiction, Criminality and Self Harming Behavior</i>
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**Breakout - Workshops**

2:45 - 4:15	PM-1	Mark Sanders, LCSW, CADC	<i>Stepping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders</i>
2:45 - 4:15	PM-2	Pamela Williams, MS, LPC	<i>Trauma Informed Care</i>
2:45 - 4:15	PM-3	Beverly Brock, CADC	<i>Ethics: Healthy Counselor</i>
2:45 - 4:15	PM-4	Ryan Breen, Counselor, MA, LPC, MISA, CCTP	<i>Relationships and Recovery: Is it always a bad idea?</i>
2:45 - 4:15	PM-5	Jinnie Cristerna, Rh.D, LCSW, CHT.	<i>Walking the Fine Line of Integrating Spirituality and Clinical Treatment to Maximize Recovery</i>
2:45 - 4:15	PM-6	Mic Hunter, Psy.D.	<i>Going Beyond "How Does That Make You Feel?": Effectively Identifying Emotions In Your Clients."</i>
2:45 - 4:15	PM-7	Fred Dyer, Ph.D., CADC	<i>50 Strategies for working with Defiant, Oppositional, and Resistant substance using Adolescents</i>

**WORKSHOPS AT A GLANCE – WEDNESDAY 8/1/18**

**Breakout - Workshops**

10:30 - 12:00	AM-1	Jon Grant, JD, MD, MPH	<i>Treating comorbidities in addiction</i>
10:30 - 12:00	AM-2	Berneth Lee, BA, CADC, MISAL	<i>Jail Diversion: Getting to the Root Causes of Criminality</i>
10:30 - 12:00	AM-3	Rick Love, MHS, CAADC, PGGC	<i>Opioid Overdose Education and Naloxone Distribution</i>
10:30 - 12:00	AM-4	Robert Carty, LCSW, CADC, CCIP	<i>Tired, Wired, and Mired: Professional Burnout and Compassion Fatigue</i>
10:30 - 12:00	AM-5	D Shane Koch Rhd CRC CAADC	<i>Attitudes toward spirituality and the core principals of Alcoholics Anonymous</i>
10:30 - 12:00	AM-6	Mark Zerwic, Ph.D.	<i>PTSD &amp; Suicide Prevention: Is it Helping?</i>
10:30 - 12:00	AM-7	Jeff Zacharias, ACSW, LCSW, CSAT, CAADC	<i>The Intersection of HIV and Trauma Informed Care in the LGBTQ Community</i>

**PMI Keynote**

*Positive Psychology*

Mark Zerwic, Ph.D.

**Breakout - Workshops**

2:45 - 4:15	PM-1	Mark Zerwic, Ph.D.	<i>Positive Psychology: Resilience Skills</i>
2:45 - 4:15	PM-2	Berneth Lee, BA, CADC, MISAL	<i>Urban Adolescent &amp; Trauma: Breaking the Cycle of Addictive Relationships</i>
2:45 - 4:15	PM-3	D Shane Koch Rhd CRC CAADC	<i>Responding to ethical challenges during the clinical supervision process</i>
2:45 - 4:15	PM-4	Paul Farina, LCPC	<i>Mindfulness: Interventions for Dual-Diagnosis Clients</i>
2:45 - 4:15	PM-5	Robert Carty, LCSW, CADC, CCIP	<i>Passing the Baton: Preparing the Next Generation to Step-Up</i>
2:45 - 4:15	PM-6	Rick Love, MHS, CAADC, PGGC	<i>The Pros and Cons of Medication Assisted Therapy (MAT)</i>
2:45 - 4:15	PM-7	Marvin Harris, MA, LCPC	<i>Foundations of Clinical Supervision</i>

## 24<sup>th</sup> Annual Summer Institute on Addictions Registration

### Example Workshop Registration

#### AM Sessions

1 2 3 4 5 6 7 8

Workshop Choice AM2

#### Monday, July 30

##### AM Sessions

1 2 3 4 5 6 7 8

Workshop Choice \_\_\_\_\_

##### PM Session

1 2 3 4 5 6 7 8

Workshop Choice \_\_\_\_\_

#### Tuesday, July 31

##### AM Sessions

1 2 3 4 5 6 7

Workshop Choice \_\_\_\_\_

##### PM Session

1 2 3 4 5 6 7

Workshop Choice \_\_\_\_\_

#### Wednesday, Aug 1

##### AM Sessions

1 2 3 4 5 6 7

Workshop Choice \_\_\_\_\_

##### PM Session

1 2 3 4 5 6 7

Workshop Choice \_\_\_\_\_

### CONFERENCE – July 30, 31 & August 1, 2018

1 2 3  
Day Days Days

Early Individual Registration Postmarked by 7/20/18	\$125	\$230	\$295
Regular Individual Registration Postmarked by 7/16/18 or later	\$135	\$255	\$360
Multiple Attendee Discount (per person)*	\$105	\$210	\$280
Senior Rate (62 years of age and older) & Student Rate (Student ID Required)**	\$80	\$155	\$225
Exhibitor	\$500	\$600	\$700

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Visa/MC/Discover/Am. Express: Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Contact Ken Cheverko 312-226-7984 X 456 for assistance



# *Haymarket Center*

**COMPREHENSIVE BEHAVIORAL HEALTH SOLUTIONS**  
**FOUNDED IN 1975 BY MSGR. IGNATIUS McDERMOTT AND DR. JAMES WEST**

Haymarket Center is grateful to those that contributed monetary donations to Haymarket Center's Continuing Education. Your generous support helped to make the 24<sup>th</sup> Annual Summer Institute on Addictions possible.

We would like to express our appreciation to The College of DuPage for welcoming Haymarket Center, and allowing us to utilize their beautiful campus to host this event.

Lastly, we thank the many professionals, clinicians, counselors, and students who attend the Summer Institute on Addictions year after year. You remind us that we are never done learning, we are never done questioning, and we are never done searching for the possibilities that lie ahead.

**We look forward to seeing you at  
the 24<sup>th</sup> Annual Summer Institute  
on Addictions!**