

ANNUAL REPORT 2018 AND 2019

Haymarket Center

Hope Starts Here

Haymarket Center is the Midwest's most comprehensive community-based provider of substance use and mental health treatment, battling one of our region's most devastating health problems.

WHY WE GET RESULTS

From experience we know that our best hope for patients struggling with substance use disorders is to provide treatment solutions that are immediately available, comprehensive, and focused on the whole person.

We lead with access. With our open access system, patients can call us 24/7—or walk in—to be welcomed into same day treatment.

Our residential treatment capacity is large. We offer residential treatment to men and women day and night.

Our program is comprehensive. In fact it is the most comprehensive of any community-based treatment provider in the area, addressing mental health and primary health conditions along with substance use disorders, utilizing proven effective interventions.

Haymarket Center is among the very few Illinois providers of community based medication assisted treatment (MAT) offered across all programs. Our recovery homes are among the few that welcome individuals on MAT.

No one is turned away due to inability to pay.

We embrace families. We provide residential treatment programs for mothers where their children up to age 5 can stay with them. We help couples. Our programs support fathers to reunite with their families through our research-based programs.

We stick with patients for the long run. Patients finishing treatment are vulnerable, and often this is when the real work begins. Haymarket Center's trained recovery coaches assist patients for an entire year.

Our over 130 recovery home beds provide supervised transitional settings for men, women, and women with young children.

These solutions are not quick and easy. We are committed to supporting our patients and their families for the long term, providing recovery support—including transitional housing—to prevent future cycles of recidivism that too often burden patients seeking help.

CLARION VISION

Since our inception, Haymarket Center has treated addiction as a complex medical disorder. The majority of our patients have multiple underlying health and mental health conditions. This fundamental perspective continues to guide Haymarket Center in pioneering behavioral health programs that are gender responsive, culturally appropriate and population specific.

With the need for effective care so pressing, Haymarket Center is a leader in fighting the opioid and substance use epidemic in our region. Year after year, we continue to demonstrate excellence in facilitating long term recovery, with the emphasis on a comprehensive approach to create lasting, cost-effective results.

Haymarket is currently one of the only treatment centers in Illinois that offers all levels of care as defined by the American Society of Addictions Medicine (ASAM). As Haymarket expands, we will assure that patients not only receive expert behavioral health treatment, but also have access on site to primary health care, clinical laboratory, and pharmacy services. To promote recovery, Haymarket will continue to expand transitional residential care, recovery coaching, education and employment services, case management, and family counseling. Our overarching goal, reflected in each of our programs, is to help our patients address social determinants of health and to re-integrate with family, community and work life.

“

We serve patients often failed by other settings—including patients who are homeless and indigent.

”

Dr. Dan Lustig
Haymarket Center CEO



DEAR FRIENDS,

Never before has the need been so dire for effective solutions to opioid dependence, substance use disorders and mental health conditions. With four decades of leadership in substance use treatment and mental health care, we are proud of our key role in providing life-saving and life-changing treatment for 12,000 patients annually across Illinois and beyond.

We guide Haymarket Center's treatment, recovery, teaching and research programs with an optimism based on years of wisdom and experience.

Even at this very critical time when rising opioid-related death tolls continue to make news, our many friends, donors, volunteers, partners and supporters share our optimism. They see how the tenacious Haymarket Center commitment to excellence extends across each phase of treatment and recovery.

Moreover, they see that the Haymarket Center offers care to all in need, regardless of ability to pay, including some of the region's most disadvantaged residents.

Our board and staff would not have it any other way.

Thank you for being interested in the solutions we offer—research-based, state-of-the-art, family-oriented, and most important, long range in duration.

We thank you for joining with us in recognizing that Hope Starts Here at Haymarket Center.

Sincerely,



Dr. Dan Lustig
*President and
Chief Executive Officer*



Honorable Lee A. Daniels
Board Chairman



**FEATURED
PROGRAM**

Recovery Coaching for Long Term Results

As patients progress from detox to treatment and then back to the community, they remain at very high risk for relapse. One of the proven ways Haymarket Center supports patients to succeed in the long run is through evidence-based recovery coaching.

“
Haymarket Center presents a clear alternative to the alarming episodes of emergency care and attempted rescue that have become all too common.

”
Dr. Michael Baldinger,
Haymarket Center Medical Director

RECOVERY PLANS TYPICALLY ADDRESS NINE LIFE DOMAINS INCLUDING:

- 1 Recovery from substance use
- 2 Independent living and financial management
- 3 Employment and education
- 4 Relationships and social support
- 5 Medical health
- 6 Leisure and recreation
- 7 Independence from legal problems and institutions
- 8 Mental wellness
- 9 Spirituality

Haymarket Center adds a tenth domain:

- 10 Recovery from HIV risk behaviors

PROVEN RESULTS

Research completed at Haymarket by external investigators shows that supporting patients with recovery coaching for a full year is, in fact, highly cost-effective due to outstanding results.

Independent evaluation of a SAMHSA-funded intervention providing recovery coaching for 455 adult men with substance use disorders for one year showed:

- 87% reduction in substance use
- 64% decrease in mental health symptoms
- 91% reduction in criminal activity
- 74% increase in clients employed.

THE MODEL

The recovery coaching program uses peer coaches, trained and supervised by Haymarket Center, who have lived experience with substance use. These peers work individually with patients to help them acquire the resources and skills they need to sustain recovery over time.

Recovery coaching is one of the least expensive and most cost-effective components of the continuum of care provided to Haymarket Center patients. Paradoxically, until this year, recovery coaching services were not covered by private insurance or Medicaid, so Haymarket Center used grants and contributions to fund this intervention. Due to the successes demonstrated by Haymarket Center, combined with our advocacy work in Springfield, the state's new Medicaid behavioral health demonstration includes funding for recovery coaching. Haymarket Center is currently a demonstration site for this pilot initiative.

**FEATURED
PARTNERSHIP**

Linking Cook County Health Patients To Treatment

Haymarket Center collaborates with public and private partners to assure that high risk patients receive the high quality comprehensive behavioral health treatment resources that are critical to a thriving economy.

With federal funds issued through the state's office of Substance Use Prevention and Recovery, Cook County Health invited Haymarket Center to bring a team of recovery coaches right on site within the emergency room to help patients who have an opioid use disorder to enter a comprehensive treatment program. A team of five Haymarket Center recovery coaches work hand-in-hand with Cook County Health clinicians within the emergency room to serve patients coming to the hospital due to opioid use.

"We know how and when to approach patients with motivational interviewing techniques that encourage them to consider treatment. No matter what their situation, we welcome them and respect their effort to attempt a life-changing course," describes Aesha Muhammad, the program's supervisor who has almost two decades of experience at Haymarket. Every month, the Haymarket Center recovery coach teams accompany patients discharged from the Cook County Health emergency room, all with life-threatening addictions, to nearby treatment resources, including to Haymarket Center.

Due to the success of the program for patients using opioids, Cook County Health hopes to partner with Haymarket Center to expand its program on site to encourage patients with alcoholism to enter treatment. Alcoholism is the most prevalent substance use disorder encountered in Illinois emergency rooms.

“

Our partnership with Cook County Health is emblematic of the public-private partnerships that make smart, patient-centered use of resources to help engage patients in need of help.

”

Kenyatta Cathey

Haymarket Center Vice President of Clinical Services

“

Our collaboration with Haymarket Center provides effective support to help patients seamlessly enter treatment following an emergency room visit related to their substance use.

”

Juleigh Nowinski Konchak, MD, MPH

Cook County Health and

Haymarket Center Leadership Circle Member

FINANCIAL HIGHLIGHTS

REVENUE

	2019	2018
Medicaid & Commercial Insurance	\$9,014,342	\$8,136,790
Government Grants & Contracts	\$12,656,886	\$14,042,537
Foundation Grants & Private Support	\$1,311,048	\$798,397
Client Fees & Other	\$694,513	\$482,575
Total Revenue	\$23,676,789	\$23,460,299

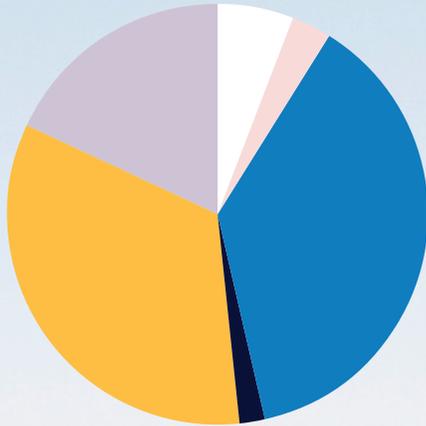
EXPENSE

Program	\$18,742,629	\$18,937,382
Administration	\$3,800,287	\$3,671,965
Development & Expansion	\$518,231	\$297,301
Total Expense	\$23,061,147	\$22,906,648

OPERATING SURPLUS

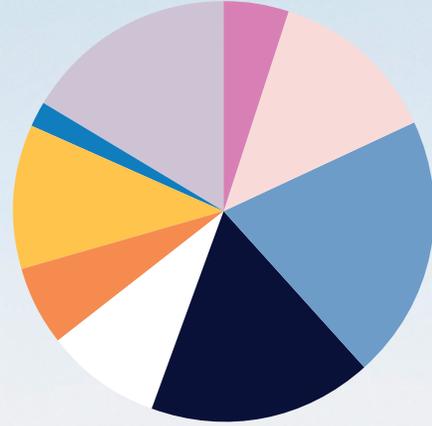
\$615,642 \$553,651

SOURCES



■ 38%	Medicaid & Commercial Insurance
■ 34%	State Grants & Contracts
■ 18%	City & County Grants and Contracts
■ 6%	Foundation Grants & Private Support
■ 3%	Client Fees & Other
■ 2%	Federal Grants

USES



■ 20%	Women's Residential Treatment
■ 17%	Men's Residential Treatment
■ 16%	Administration
■ 13%	Medical Detox
■ 11%	Specialty Programs
■ 9%	Recovery Homes
■ 6%	Outpatient Treatment
■ 5%	Intake & Care Coordination
■ 2%	Development & Expansion

“

Haymarket Center eliminates access barriers, which is critical for effectively fighting the opioid epidemic.

”

Jay Bhatt, MD
*Chief Medical Officer, American Hospital Association
and Haymarket Center Leadership Council member*

“

Achieving long term results is central to the Haymarket Center approach. We need to help people maintain recovery to break the disheartening cycle of recidivism.

”

Erin Lavin Carbonargi
*Managing Director, URBAN ReSOLVE,
and Haymarket Center Board Member*

“

Visiting Haymarket Center, I saw their values come alive. Haymarket Center focuses on the ‘whole person,’ recognizing the effects of trauma and social determinants in their approach to treatment and recovery.

”

Nneka Jones Tapia, Psy.D
*Leader in Residence at Chicago Beyond
and Haymarket Center Leadership Council member*

COST EFFECTIVENESS CAPSULE

The cost of comprehensive treatment at Haymarket Center pales compared to the costs borne by the criminal justice and health systems that are not positioned to address opioid use disorders as well as underlying other substance use disorders, mental health conditions and social issues. Haymarket Center’s gift to its communities is that it fills this void using fewer public resources.

Haymarket Center’s high quality, comprehensive services come at a significantly lower cost than hospital or jail settings. Haymarket clients in Fiscal Year 2018 had more than \$58 million in utilization costs during the year prior to entering treatment, most of which were hospitalization costs. The total cost of their criminal justice involvement was over \$126 million.

These figures are astonishing – especially in comparison to the level of funding for substance use disorders treatment in Illinois, where the federal block grant to Illinois for treatment is only \$67 million.

Haymarket Center’s external evaluators from Lighthouse Institute collected data describing the health care utilization and criminal justice involvement of 3,327 patients treated at Haymarket Center in fiscal year 2018. Their conclusions point to the high financial cost of untreated addictions.

Haymarket Center Leadership

Supported by an expert, committed voluntary Board of Directors and Leadership Council, Haymarket Center works to stay ahead of the curve to offer hope to families and solutions for communities.

HAYMARKET CENTER BOARD

Honorable Lee Daniels, Chair

Michelle Andreoli, MD

Erin Lavin Cabonargi

Stephen L. Davis

Tanya Davis

Harmony Harrington

Dan Lustig, PsyD, CAADC, MISA II

Jerry Masterson

Matt Powers

Susan Rose, PhD

Joseph Stack

Thomas J. Stack, Jr.

LEADERSHIP COUNCIL MEMBERS

In the spring of 2019, Haymarket Center hosted an inaugural event for its Leadership Council, a group of highly talented, committed volunteers who are passionate about improving opportunities for patients with substance use and mental health conditions. These volunteers, with expertise spanning multiple sectors, have been recruited to support the work of the board and executive team.

Sonia Bhagwakar

Associate General Counsel,
Presence Health

Jay Bhatt, MD

Senior VP and CMO, American Hospital
Association, President & CEO HRET

Jim Bolin

First Vice President (Retired), Merrill Lynch

Colleen Burns

Assistant Director, Examination Resources

Chelsy Castro, JD, MA, MSW, LCSW

CEO/Founder, Castro Jacobs
Psychotherapy and Consulting

Michael Flood

Sales/Business Development, Flood
Brothers Disposal, and Recycling

Jack Hartman

President, SDI Presence

Ed Heil

President, E.F. Heil

Susan Heil

Activist, and Philanthropist

Amanda Hirsh

Principal, Amanda Hirsh Consulting

Juleigh Nowinski Konchak, MD

MAT Collaborative Lead, Cook County
Health & Hospitals System

Tom Marcucci

Director, Gonnella Baking Co.

Jack McCarthy

Partner (Retired), K & L Gates

Stacey McCullough

Of Counsel, Mirabella, Kincaid, Frederick &
Mirabella, LLC

Thomas McElroy II

Principal, and CEO, Global Solutions

Mia McPherson

Principal Attorney, The Law Offices of Mia
S. McPherson, P.C.

Michael Meagher

Senior Vice President, James McHugh
Construction Co.

Daniel Nudelman

JD, Counsel, Perkins Cole

Kim Walz Obando

Regional Director, Government
Relations, Walgreens

Peter O'Brien Sr.

President, MADO Management

Cheryl Potts

Executive Director, The Kennedy Forum

Chris Robling

Principal, Clearspan Strategic, LLC

Kelly Suzanne Saultsberry

Director of Policy and Outreach, Chicago
Commission on Human Relations

Daniel Sullivan, MD

Chief Medical Officer, Elmhurst Hospital

Terrence Swade, MD

Endocrinologist, Advocate Medical Group

Nneka Jones Tapia, PhD

Executive Director, Chicago Beyond

Diana Uchiyama, JD, PsyD

Executive Director, Illinois Lawyers'
Assistance Program

EXECUTIVE TEAM

Dan Lustig, PsyD, CAADC, MISA II

Chief Executive Officer

Karen Kissel

Senior Executive Vice President

Don Musil

Executive Vice President

Jeffrey Collord

Vice President of Operations

Kenyatta Cathey, LOPC, CADC

Vice President of Clinical Services

James Baldwin, CPA

Chief Financial Officer

Samuel Provenzano

Vice President of Development

Michael Baldinger, MD

Medical Director

For inquiries about supporting the Haymarket Center mission, please contact Sam Provenzano, sprovenzano@hcenter.org.